

MUNICIPALITIES



Estuary of Ares



Estuary of Ferrol



Chapel in Cabo Frouxeira (Valdoviño)



Cliffs of Loiba (Ortigueira)



Monastery of Caaveiro (A Capela)

Ares

A good place for a break, is in one of the most beautiful fishing villages in Galicia, Redes. It is also popular for its festivity of Alfombras, celebrated in May, where all people collect flowers to cover the streets of the village with carpets made of flower arrangements.

Cabanas

This is the ideal place to enjoy the calm, sandy Magdalena beach and have a bath in its peaceful waters. It is known for having one of the greatest nature treasures, the Fragas do Eume, the most important Atlantic coastal forest preserved in Europe.

A Capela

It is located in one of the most beautiful natural habitats, the Fragas do Eume, where an important Romanic architectural gems stands, the monastery of Caaveiro, declared Historical-Artistic Monument.

Cariño

It stands out for its natural features in its wildest state, such as the symbolic cabo Ortegaleira, of great environmental, geological and ornithological value. In contrast to this, the canning industry plays an important role in this fishing village.

Cedeira

One of the most popular municipalities for having the second most important pilgrimage centre in Galicia, Santo André de Teixido. There are also fantastic sandbanks, such as the urban beach of Magdalena. It is a place to enjoy the beauty of nature, like the viewpoint of Vixia Herbeira.

Cerdido

It is located between the high mountains of Forgoselo and Faladoira and the valley of San Sadurniño. The municipality divides its waters into two basins, one from the river Mera, which flows into the estuary of Ortigueira, and one from the river in Porto do Cabo, which flows into the estuary of Cedeira, creating landscapes of superb beauty.

Fene

A sample of living nature that can be seen in this council is the river Belelle and its waterfall. It is a place to be in direct contact with nature and history crossing the river through the well-known bridge of the Ribeiras.

Ferrol

The city of Ferrol stands out for its squared shape, as we can see in the popular quarter of Magdalena, with long streets where there are many examples of modernist architecture such as the Jofre theatre and the Torrente Ballester cultural centre. The castle of San Felipe or the Arsenal show a past linked to naval and military tradition.

Mañón

This place is known because it is the most northern point of the Iberian Peninsula, the cape of Estaca de Bares, stretches out into the sea to separate the waters of the Atlantic Ocean and the Cantabrian Sea. Furthermore, the estuary of O Barqueiro is an excellent place to admire the landscape and the ornithological richness of this area.

Moeche

The main attraction of this town is its castle, which was built in the 14th century, and stands out for its antiquity and its distinguished features. The churches in this area, such as San Xurxo de Moeche and Santa María de Labacengos are also worth mentioning.



Ortigueira



Castle of Moeche

Monfero

In this town, located in the nature reserve of Fragas do Eume, is the monastery of Monfero. We should also point out the little hermitages of Ascensión and the many medieval bridges, spread out across the whole area.

Mugardos

Its fishing origin provides this area with a special charm, with a mixture of "indiano" (houses built by the Spaniards who returned to Spain from Cuba after making a fortune), military and religious architecture. The fishing town of Seixo is one of the best places to see the "indiano" architecture in Galicia and to discover the military buildings in this area, the castles of A Palma and San Martín.

Narón

A perfect place to enjoy the wild beaches facing the Atlantic Ocean, such as Hortiña, Casal and Sopesa, located in a unique spot among the well-known cliffs of this area. In possession of a great cultural heritage, as it has one of the greatest theatres and cultural centres in Galicia, the Pazo da Cultura.

Neda

One of the best ambassadors of this town is bread, which during the ancient times made this town the capital of wheat in Galicia. This area also stands out for its important archaeological heritage, such as the castro de Ancos.

Ortigueira

This area is popular because it celebrates the Festival Internacional do Mundo Celta (International Festival of the Celtic World of Ortigueira), declared International Tourist Interest since 2005. We can also find "the best bench in the world" in Loiba, where we can enjoy an impressive view of Estaca de Bares and cabo Ortegaleira.

As Pontes de García Rodríguez

This town is known as the town of the hundred rivers and is also popular for having an important lignite mine in the past. This place stands out for the well-deserved importance of its old bridges. Its artificial lake is an example of how an industrial landscape can become a beautiful natural space.



Vilarrube beach (Valdoviño)

Pontedeume

In this village, it is possible to travel to the past by visiting the castle and tower of the Andrade and seeing the traces left by the noble families during ancient times in Galicia. Its main distinguishing feature is the stone bridge over river Eume, after which it was named.

San Sadurniño

This place is crossed by the river Grande in Xubia and it gathers a great natural richness that can be seen in serra do Forgoselo, which houses a wide variety of fauna, flora and archaeological remains, also present in the councils of A Capela and As Pontes.

As Somozas

This town has many places of interest, both regarding landscape, with recreational areas such as Carballo, and regarding culture, housing many stone crosses, like the one we can find in Loureiros, as well as the different chapels and churches.

Valdoviño

The main attraction of this area are the beaches. It is possible to enjoy ecosystems of great environmental value thanks to the great lagoon of A Frouxeira. Another option for surf lovers is visiting the beach of Pantín, an international surfers' paradise.



Lighthouse of punta Frouxeira (Valdoviño)



Lagoon in Valdoviño



Cedeira



Ferrol



WHAT TO VISIT:

NATURE

The beaches. They make up one of the most beautiful coastal environments in the Atlantic Ocean. They are distributed throughout the calm waters of Cabanas and Ares, perfect to enjoy with your family, up to the beautiful beaches of Fornos (Cariño), Mozouros (Ortigueira) and Esteiro (Mañón), across the rural and wild beauty of San Xurxo and Pantín, one of the international surf paradises. Some beaches contrast with the waves and the surf, such as Doniños in Ferrol and A Frouxeira in Valdoviño, with the large, calm lakes and their unique and valuable ecosystems, especially from an ornithological point of view.

Serra da Capelada. The indomitable nature of Ferrolterra is settled on the coastal cliffs of Vixia da Herbeira, which boasts some of the highest cliffs in the South of Europe, located at the serra da Capelada, on the way to Santo André de Teixido. If we go up the Capelada, we will arrive in Ortigueira, where we can see the bench of Loiba ,popularly known as "the best bench in the world". Sitting here to observe the impressive view of Estaca de Bares and cabo Ortegal can be an unforgettable experience.

Fragas do Eume. The wild nature contrasts with the magical Fragas do Eume, one of the best preserved river forests in Europe. Its flora is a treasure, with a vegetation that is so dense that it barely allows the lights through it and which hides, apart from natural fountains, springs and waterfalls.

HERITAGE AND CULTURE

In the city of Ferrol, it is important to highlight the civil buildings, such as the modernist Jofre Theatre and the Torrente Ballester Cultural Centre located in the facilities of the old Caridade hospital, and the religious buildings, such as the Co-cathedral of San Julián, an example of the neoclassical architecture and the most important church in the city together with the fortified church of San Francisco. Outside the city centre and towards the lands of Serantes, you can see the chapel of Chamorro, where a famous procession is celebrated every year.

On the outskirts of the urban area, in the heart of Fragas do Eume is the monastery of Caaveiro, considered an absolute Romanic gem, was appointed Historical-Artistic Monument and is main attraction of the nature reserve. The castle and Tower of Andrade, in Pontedeume, are testament to the power of the noble families that once lived there, and evidence of the times that put an end to the riots such as the one

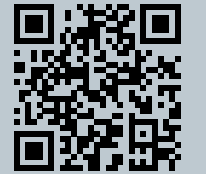
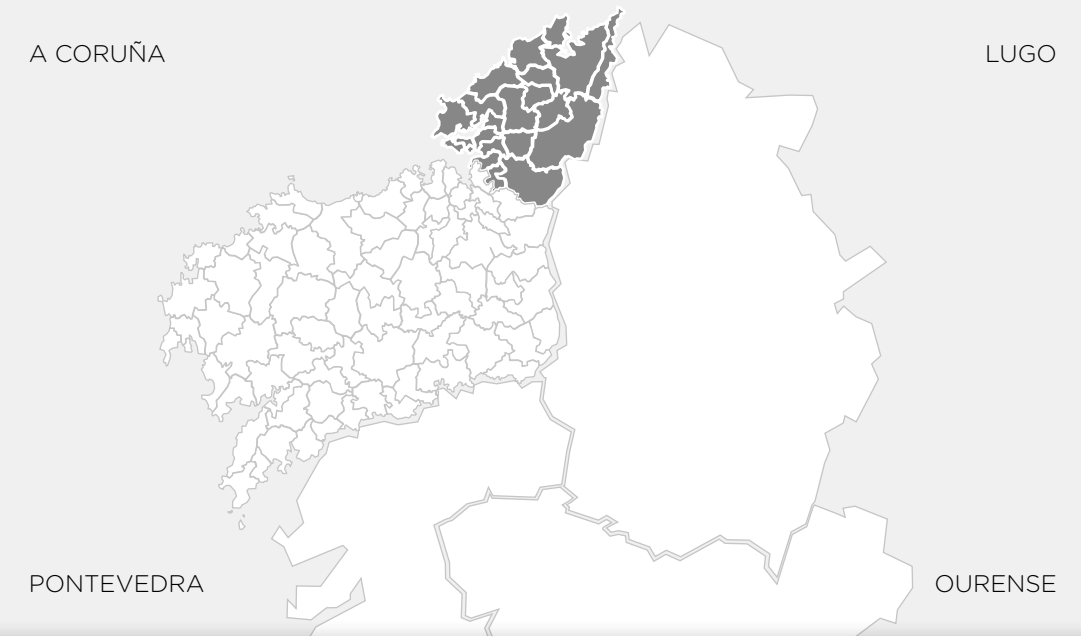
that took place in the Castle of Moeche, during the famous uprising of peasants against feudal lords and is commemorated every year in this town at the Festival Irmandiño. In the council of Ares, among the charming, little coastal villages is Redes, one of the most beautiful and picturesque fishing villages in Galicia, scenery for many advertising and cinema shootings, such as the film "Julieta", by Pedro Almodóvar.

Legends, traditions, history and religion are mixed in the cultural works that that can be seen in this region. Among them, Holy Week in Ferrol, declared International Tourist Interest Festivity in 2014. Five brotherhoods go together with their floats and penitents along the city streets and attract thousands of visitors every year. Another important date in the city is the day of San José, Festa das Pepitas, where the singing vocation of Ferrol and its people reaches its highest expression along the streets, squares and bars with the traditional habaneiras.

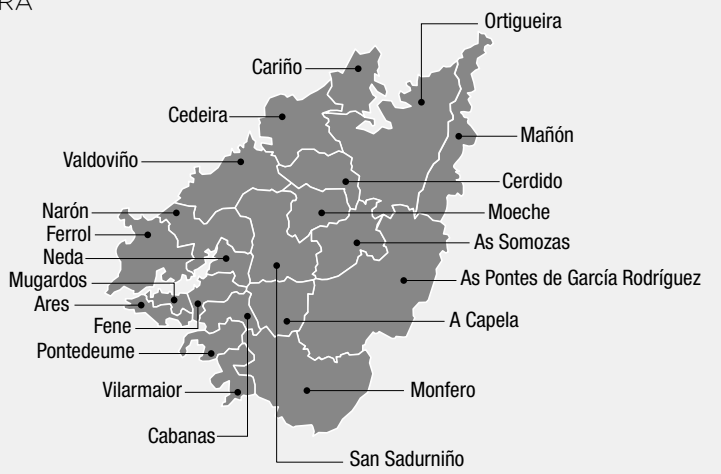
Music festivals. All very different, are also massively attended, there is the Festival Internacional do Mundo Celta de Ortigueira (International Festival of the Celtic World of Ortigueira). This is the mecca of folk music, it brings together the best international singers and bands and also emerging bands that have the opportunity of performing in front of more than 100,000 people. Music is also the main feature in other peculiar events such as, Felipop and Fenerock in Fene, or Festa da Terra e da Lingua in Narón.

More Festivities and processions. Other important festivities and processions, also of Tourist Interest, are Alfombras Florais in Ares, where children and adults spend the whole night preparing street carpets with beautiful flower arrangements in the streets to celebrate the Corpus Christi. Party and tradition also merge in the Romaría da Fraga in As Pontes de García Rodríguez and the Oenach Atlántico in Narón. Another event not to be missed is the Festival Irmandiño in Moeche, celebrated to commemorate the spirit of the Irmandiño revolts (the attempts of the regional nobility to maintain their rights over the peasantry and the bourgeoisie).

Patron saint days. Patron saint days are another classic in Ferrolterra and we can spend the whole summer going from one to another, especially during the dates of San Roque and Virgin Carmen. The Festivities in Cedeira are popular because of the leisure proposals, the procession and the amount of visitors attending it and the festivities in Cariño are popular for celebrating the longest maritime procession in Spain, which reaches cabo Ortegal.



RÍAS ALTAS: FERROLTERRA tourist area



RÍAS ALTAS: FERROLTERRA sea and land MAGIC destinations



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RÍAS ALTAS: FERROLTERRA TOURIST AREA Deputación DA CORUÑA

WHAT TO DO:

ROUTES

Follow the Ferrol street map. There are many routes that can take us from the sailors' district of Ferrol Vello (Old Ferrol) to the Magdalena, declared historical and artistic environment in 1983. Between both areas, headed by majestic squares such as Amboage, we can find the Arsenal, an imposing military building that houses the Naval Museum, a visit that must not be missed to learn more about the history of the city. Another peculiar route to take is the Meninas, which boosted the resurgence of the district of Canido through street art.

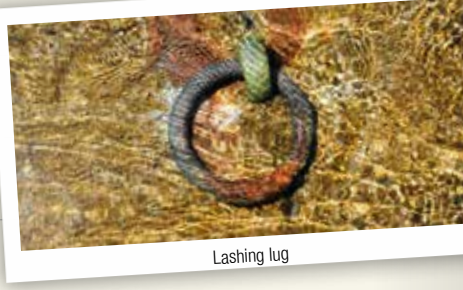
Route of the Middle Ages. This route crosses the north of the region, between Betanzos and Santo André de Teixido, passing through the main natural and patrimonial gems of this region, from the reserve of the river Chelo, the cliffs of punta dos Aguillóns, in cabo Ortegal, to the monasteries of Monfero and Caaveiro, in the heart of Fragas do Eume and the castles of Moeche and Naraío. The route ends at serra da Capelada, where we can see herds of wild horses and steep cliffs directly above the sea.

The industrial route of As Pontes. An example of how an industrial landscape can become a beautiful, natural space is the town of As Pontes, where you can find the largest artificial lake in Europe, built over the mine that brought great wealth this town, where medieval heritage is combined with one of the most important sources of industrial development in Galicia.

The viewpoints route. This 25 km route crosses the serra da Capelada, from Cariño to the lighthouse of cabo Ortegal, and goes through the different viewpoints such as the one in Miranda and Carris, among others.

THE ENGLISH WAY

A Coruña and Ferrol are the starting points of the English Way, which goes through the heart of the province. Starting in Ferrol or A Coruña, with almost 120 and 75 km ahead respectively, both routes link on the outskirts of Mesía before reaching Santiago de Compostela. It got its name because it was the route chosen by pilgrims coming from England.



Lashing lug

SANTO ANDRÉ DE TEIXIDO

One of the most complete and interesting routes, which combines nature, heritage and tradition, is the one leading to the sanctuary of Santo André de Teixido, second point for pilgrimage in Galicia, where, as the saying goes, "vai de morto quen non vai de vivo" (whoever did not go alive, will go when dead). Drinking from the fountain that has three spouts and getting a bread crumb charm, the popular "sanandresiño", are only some of the many rituals you need to perform during your visit so as not to return as a soul.

GASTRONOMY

Bread in Neda, octopus in Mugardos, pepper in O Couto... are the kings of gastronomy with a big name in the region of Ferrol and, because of that, each dish has its own festival or procession. These are the most popular but not the only ones in a place where the barnacle fair in Cedeira, the turnip tops fair in Cerdido, the honey fair in As Pontes, the cottage cheese fair in A Capela, the clam fair in Maniños or the mussel fair in Barallobre are also renowned in the region they share.



Bench of Loiba (Ortigueira)